



**DOCTOR'S INFORMATION**

Open House: \_\_\_\_\_

Date: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Group Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_

**PATIENT'S INFORMATION**

Patient's Name (please print): \_\_\_\_\_

Patient's Date of Birth: \_\_\_\_\_ Patient's Phone Number: \_\_\_\_\_

I, \_\_\_\_\_, hereby give permission for my patient named above to be on a low-calorie, low-carbohydrate, low-fat diet for weight loss. Patient/client will be taking a Multi Vitamin, Calcium-Magnesium, Potassium, and Omega 3. There are no appetite suppressants on this protocol.

X \_\_\_\_\_  
Doctor's signature above \_\_\_\_\_ Date \_\_\_\_\_

**PLEASE SELECT WHICH IDEAL YOU WEIGHT LOSS CENTER YOU WOULD LIKE TO ATTEND:**

- TONAWANDA LOCATION (4244 DELAWARE AVE)
- CLARENCE LOCATION (8241 SHERIDAN DRIVE)
- WEST SENECA LOCATION (SOUTHGATE PLAZA)

**ALL FORMS ARE TO BE FAXED DIRECTLY TO**  
**THE IDEAL YOU WEIGHT LOSS CENTER BY THE DOCTOR'S OFFICE**

**PLEASE FAX TO: The Ideal You Weight Loss Center @ 716-632-SLIM (7546)**

**The Ideal You Weight Loss Center**

4244 Delaware Ave, Tonawanda / 8241 Sheridan Drive, Williamsville / Southgate Plaza: 1066 Union Rd, West Seneca  
Phone: 716-631-THIN (8446) Fax: 716-632-SLIM (7546) Website: [www.IdealYou.com](http://www.IdealYou.com) E-mail: [manager@idealyou.com](mailto:manager@idealyou.com)